### Mental Health ATLAS 2017 Member State Profile

#### Saint Lucia

**Total population (UN official estimate):** 177,206

**WHO Region:** AMR

**Income group:** Upper middle income

**Total mental health expenditure per person (reported currently):** 37.38 KCD

**Availability / status of mental health reporting:** None or not reported

#### MENTAL HEALTH SYSTEM GOVERNANCE

**Mental health policy / plan:**
- **Stand-alone policy or plan for mental health:** Yes (2002)
- **The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored:** No or not reported
- **Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line):** 2

**Plan or strategy for child and/or adolescent mental health:**
- **Stand-alone law for mental health:**
- **(Year of law):**
- **The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights:**

**Multinational Collaboration:**
- **Existence of at least two functioning programmes**
- **Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the overall mental health strategy]:**

#### RESOURCES FOR MENTAL HEALTH

**Mental health financing:***
- The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country
- How the majority of persons with mental disorders pay for mental health services
- The government’s total expenditure on mental health as % of total government expenditure

**Human resources for mental health:**
- **Total number of mental health professionals (gov. and non-gov.):** 171
- **Total mental health workers per 100,000 population:** 96.50
- **Total number of child psychiatrists (gov. and non-gov.):** 1

**Mental health workforce (rate per 100,000 population):***
- **Psychiatrists:** 0.16
- **Child psychiatrists:** 0.16
- **Other specialist doctors:** 1.13
- **Mental health nurses:** 50.79
- **Psychologists:**
- **Social workers:** 0.56
- **Occupational therapists:** 0.16
- **Speech therapists:**

**Occupational therapists:**
- **Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders):** None or not reported
- **Other outpatient services for children and adolescents (e.g. day care):** None or not reported

**Inpatient care (total facilities):***
- **Mental hospitals:**
- **Psychiatric units in general hospitals:**
- **Forensic inpatient units:**
- **Residential care facilities:**
- **Inpatient facility specifically for children and adolescents:**

**Mental hospitals (length of stay):***
- **Inpatients staying less than 1 year:** 57%
- **Inpatients staying 1-5 years:** 8.6%
- **Inpatients staying more than 5 years:** 14.3%

**Treated prevalence (total cases):***
- **Treated cases of severe mental disorder:** 2,137

#### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

**Outpatient care (total facilities):***
- **Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital:** 2,496.5
- **Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility:** 666.5
- **Number of visits made by service users in the last year in other outpatient facility [e.g. Mental health day care or treatment facility]:**

**Outpatient care (per 100,000 population):***
- **General hospital psychiatric unit beds / annual admissions:** None or not reported
- **Forensic inpatient beds / annual admissions:** None or not reported
- **Residential care beds / annual admissions:** None or not reported

**Inpatient care (per 100,000 population):***
- **Mental hospital beds / annual admissions:** 54.74
- **General hospital psychiatric unit beds / annual admissions:** None or not reported
- **Forensic inpatient beds / annual admissions:** None or not reported
- **Residential care beds / annual admissions:** None or not reported

**Follow-up of people with mental disorder discharged from hospital in the last year:**
- **More than 75% of discharged inpatients received a follow-up visit within one month:**
- **Inpatients staying more than 5 years:** 14.3%

**Treated prevalence (per 100,000 population):***
- **Treated cases of severe mental disorder:** 1,205.94

#### MENTAL HEALTH PROMOTION AND PREVENTION

**Existence of at least two functioning programmes:**
- **Programme examples:**

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Note: The information provided is from the Saint Lucia ATLAS 2017 report. For more detailed information, please refer to the official ATLAS report or go to the website where the data was sourced from.