# Mental Health ATLAS 2017 Member State Profile

## Poland

| Total population (UN official estimate) | 38,265,226 |
| WHO Region: | Europe |
| Income group: | High income |
| Total mental health expenditure per person (reported currency) | EUR 46.25/PN |

### Mental Health Policy and Plan
- **Stand-alone plan for mental health:** Yes
- **(Year of policy/plan):** 2016
- **Mental health legislation:**
  - **Stand-alone law for mental health:** Yes
  - **(Year of law):** 1994
- **Outpatient care (per 100,000 population):**
  - Child psychiatrists: 2.49
  - Other specialist doctors: 2.60%
- **Suicide mortality rate (per 100,000 population):** 3.70
- **Other paid mental health workers:**
  - Social workers: None or not reported
  - Other paid mental health workers: 599

### Resources for Mental Health

#### Mental Health Financing
- **The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country:** Yes
- **The government’s total expenditure on mental health as % of total government health expenditure:** 2.49%
- **How the majority of persons with mental disorders pay for mental health services:** None or not reported
- **The human resource for mental health:**
  - Total number of mental health professionals (gov. and non-gov.): 30,706
  - Total mental health workers per 100,000 population: 63.15
  - Total number of child psychiatrists (gov. and non-gov.): 233

#### Mental Health Workforce (per 100,000 population)
- Psychiatrists: 24.18
- Child psychiatrists: 1.57
- Other specialist doctors: 2.60%
- Mental health nurses: 30.92
- Psychologists: 16.35
- Social workers: None or not reported
- Occupational therapists: 2.06
- Speech therapists: None or not reported
- Other paid mental health workers: 13.59

### Mental Health Service Availability and Uptake

#### Outpatient care (total facilities)
- Mental health outpatient facilities attached to a hospital: 132
- "Community-based / non-hospital" mental health outpatient facility: 94
- Other outpatient facility (e.g. Mental health day care or treatment facility): 241
- Outpatient facility specifically for children and adolescents (including services for developmental disorders): 181
- Other outpatient services for children and adolescents (e.g. day care): 33

#### Inpatient care (total facilities)
- Mental hospitals: 595
- Psychiatric units in general hospitals: 180
- Forensic inpatient units: 41
- Residential care facilities: None or not reported

#### Mental health awareness/prevention/anti-stigma
- **Existence of a suicide prevention strategy:** Yes

### Mental Health Promotion and Prevention
- **Existence of at least two functioning programmes:** Yes

### Notes:
- **Suicide mortality rates:** Computed using standard categories, definitions and methods - are reported to facilitate comparison over time and between countries, and may not be the same as official national estimates.
- **Income group:** Low income, lower-middle income, upper-middle income, high income.