Mental Health ATLAS 2017 Member State Profile

Swaziland

**Total population (UN official estimate):** 1,218,915
**WHO Region:** Africa
**Income group:** Lower middle income
**Total mental health expenditure per person (reported currency):** Not reported
**Availability / status of mental health reporting:** No mental health data have been compiled in a report for policy, planning or management purposes in the last two years

### MENTAL HEALTH SYSTEM GOVERNANCE

**Mental health policy / plan:**
- Stand-alone policy or plan for mental health: No
- The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored: No
- Policy / plan in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 4
- Plan or strategy for child and/or adolescent mental health (Year of policy / plan): None or not reported

**Multinational Collaboration:**
There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups: No

### RESOURCES FOR MENTAL HEALTH

**Mental health workforce (rate per 100,000 population):**
- Psychiatrists: 0.08
- Child psychiatrists: None or not reported
- Other specialist doctors: None or not reported
- Mental health nurses: 0.16
- Psychologists: 0.18
- Social workers: 0.16
- Occupational therapists: 0.32
- Speech therapists: None or not reported
- Other paid mental health workers: None or not reported

**Human resources for mental health:
- Total number of mental health professionals (gov. and non-gov.): 132
- Total mental health workers per 100,000 population: 10.01
- Total number of child psychiatrists (gov. and non-gov.): None or not reported

**Mental health legislation:
- Stand-alone law for mental health: None
- (Year of law): 1978
- The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights: Does not exist
- Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): None or not reported

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**Mental health financing:
- The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country: Yes
- How the majority of persons with mental disorders pay for mental health services: None or not reported
- The government’s total expenditure on mental health as % of total government health expenditure: None or not reported

**Mental health service availability and uptake:
- Outpatient care (total facilities):
  - Mental health outpatient facilities attached to a hospital: None or not reported
  - "Community-based / non-hospital" mental health outpatient facility: None or not reported
  - Other outpatient facility (e.g. Mental health day care or treatment facility): None or not reported
  - Outpatient facility specifically for children and adolescents (including services for developmental disorders): None or not reported
  - Other outpatient services for children and adolescents (e.g. day care): None or not reported
- Inpatient care (total facilities):
  - Mental hospitals: 2
  - Psychiatric units in general hospitals: 5
  - Forensic inpatient units: 1
  - Residential care facilities: None or not reported
  - Inpatient facility specifically for children and adolescents: None or not reported
- Mental hospitals:
  - Total number of inpatients: 30
  - Admissions that are involuntary: None or not reported
  - Follow-up of people with mental disorder discharged from hospital in the last year: 100%
  - Inpatients staying less than 1 year: None or not reported
  - Inpatients staying 1-5 years: 83.3%
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**Mental health promotion and prevention:**
- Existence of at least two functioning programmes: No (or not reported)

<table>
<thead>
<tr>
<th>Programme examples</th>
<th>Category of programmes</th>
<th>Scope of programmes</th>
<th>Programme management not reported</th>
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</thead>
<tbody>
<tr>
<td>No reported</td>
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<td>Scope not reported</td>
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Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

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