### Mental Health ATLAS 2017 Member State Profile

#### Togo

| Total population (UN official estimate): a | 7,416,802 |
| WHO Region: | AFR |
| Income group: 7 | Low-income |
| Total mental health expenditure per person (reported currency): 5 | Not reported |

<table>
<thead>
<tr>
<th>Sectors of mental disorders (WHO official estimates)</th>
<th>Disability-adjusted life years (per 100,000 population)</th>
<th>Suicide mortality rate (per 100,000 population)</th>
</tr>
</thead>
<tbody>
<tr>
<td>None or not reported</td>
<td>2,561.43</td>
<td></td>
</tr>
</tbody>
</table>

### Mental Health System Governance

#### Mental health policy / plan

- **Stand-alone policy plan for mental health:** Yes
- **(Year of policy / plan):** 2015
- **The mental health policy / plan contains indicators or targets against which its implementation can be monitored:** Yes
- **Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line):** 5
- **Plan or strategy for child and/or adolescent mental health (Year of policy / plan):** No

#### Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advisory groups.

#### Mental health legislation

- **Stand-alone law for mental health:** No
- **(Year of law):** None or not reported
- **The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights:** Exists but it is not functioning
- **Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line):** None or not reported

### Resources for Mental Health

#### Mental health financing

- **The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country:** None or not reported

#### Mental health workforce (rate per 100,000 population)

<table>
<thead>
<tr>
<th>Mental health workforce</th>
<th>Psychiatrists</th>
<th>Psychologists</th>
<th>Mental health nurses</th>
<th>Speech therapists</th>
</tr>
</thead>
<tbody>
<tr>
<td>None or not reported</td>
<td>0.05</td>
<td>0.11</td>
<td>0.37</td>
<td>0.05</td>
</tr>
</tbody>
</table>

#### Human resources for mental health

- **Total number of mental health professionals (gov. and non-go.):** 69
- **Total mental health workers per 100,000 population:** 0.92
- **Total number of child psychiatrists (gov. and non-gov.):** 1

### Mental Health Service Availability and Uptake

#### Outpatient care (total facilities)

- **Outpatient care (total facilities):** None or not reported
- **Outpatient care (per 100,000 population):** None or not reported

#### Inpatient care (total facilities)

- **Inpatient care (total facilities):** None or not reported
- **Inpatient care (per 100,000 population):** None or not reported

### Mental Health Promotion and Prevention

- **Existence of at least two functioning programmes:** No (or not reported)

### Notes

- b: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.
- In a case a mental health workforce appears, as O.5, it has either not been reported by the Member State or is zero.