Mental Health ATLAS 2017 Member State Profile

Thailand

| Total population (UN official estimate): | 68,675,600 |
| WHO Region: | SEAR |
| Income group: | Lower middle income |
| Total mental health expenditure per person (reported currency) | 46.89 THB |
| Availability / status of mental health reporting | Residential care beds / annual admissions 0.27 2.59 |

**Mental Health System Governance**

- **Mental health policy / plan**: Yes
  - (Year of policy / plan): 2017
  - Standard action plan for mental health:
    - The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored: Yes
    - Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 5
    - Plan or strategy for child and/or adolescent mental health (Year of policy / plan): Yes 2017

- **Mental Health Legislation**: Yes
  - Standard laws for mental health:
    - The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights Law is in line with human rights covenants: Yes 4
  - (Year of law): 2008

**Multistakeholder Collaboration**

- On-going collaboration in the area of mental health with Service users and family or caregiver advocacy groups: Yes

- **Resources for Mental Health**

- **Mental Health Financing**: Yes
  - The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country: Yes
  - The government’s total expenditure on mental health as % of total government health expenditure: 0.50%

- **Human Resources for Mental Health**

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- **Mental health workforce (rate per 100,000 population)**

| - Psychiatrists | 0.08 |
| - Child psychiatrists | 0.26 |
| - Other specialist doctors | 0.58 |
| - Mental health nurses | 6.74 |
| - Psychologists | 0.75 |
| - Social workers | 0.61 |

**Mental Health Service Availability and Uptake**

**Outpatient care (total facilities)**

- Mental health outpatient facilities attached to a hospital: 900
  - Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital: 14,341
- "Community-based / non-hospital" mental health outpatient facility: 2
  - Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility: 781
- Other outpatient facility (e.g. Mental health day care or treatment facility): 2
  - Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility): 781
- Outpatient facility specifically for children and adolescents (including services for developmental disorders): 62
  - Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders): 3,711
- Other outpatient services for children and adolescents (e.g. day care): 3
  - Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care): 3,711

**Inpatient care (total facilities)**

- Mental hospitals: 10
  - Mental hospital beds / annual admissions: 6.46
  - General hospital psychiatric unit beds / annual admissions: 0.38
  - Forensic inpatient beds / annual admissions: 0.27
  - Residential care beds / annual admissions: None or not reported
  - Inpatient facility specifically for children and adolescents: 1 child and adolescent specific inpatient beds / annual admission: 1.21
- Psychiatric units in general hospitals: 104
  - General hospital psychiatric unit beds / annual admissions: 52.13
- Forensic inpatient units: 1
  - Forensic inpatient beds / annual admissions: 2.59
- Residential care facilities: 5
  - Residential care beds / annual admissions: None or not reported

**Mental Health Promotion and Prevention**

- **Existence of at least two functioning programmes**: Yes
  - Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]: Yes

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**Notes:**

- UN World Population Prospects, 2015; http://esa.un.org/unpd/wpp/
- UN World Population Prospects, 2015; http://esa.un.org/unpd/wpp/
- WHO, 2016: World Health Statistics data visualisation dashboard; http://apps.who.int/gho/data/

**In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.**

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**References:**

- Mental Health ATLAS 2017 Member State Profile
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