### Costa Rica

<table>
<thead>
<tr>
<th>Total population</th>
<th>4,905,765</th>
<th>Estimated dementia prevalence in GBD region</th>
<th>5.8%</th>
</tr>
</thead>
<tbody>
<tr>
<td>% population over the age of 60</td>
<td>14%</td>
<td>Disability-adjusted life years due to dementia</td>
<td>available in 2018</td>
</tr>
<tr>
<td>WHO region</td>
<td>AMR</td>
<td>Total deaths due to Alzheimer's and other dementias</td>
<td>available in 2018</td>
</tr>
<tr>
<td>World Bank income group</td>
<td>Upper middle income</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ministry with responsibility for dementia</td>
<td>Health</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neurologists (per 100,000 population)</td>
<td>0.61</td>
<td>Long-term care facilities (per 10,000 population)</td>
<td>Data not available</td>
</tr>
<tr>
<td>Psycho-/Geriatricians (per 100,000 population)</td>
<td>Data not available</td>
<td>Adult day centres (per 10,000 population)</td>
<td>1.3</td>
</tr>
<tr>
<td>Availability of dementia NGO</td>
<td>Yes</td>
<td>Outpatient social care centres (per 10,000 population)</td>
<td>2.3</td>
</tr>
</tbody>
</table>

### Implementing dementia actions: current status

#### Action Area: Dementia as a public health priority

1. Existence of a dementia representative within the ministry
   - Yes
2. Existence of stand-alone or integrated dementia plan
   - Yes
3. Dedicated financial resources to implement the dementia plan
   - No
4. Existence of legislation pertaining to the rights of people with dementia
   - Yes
5. Existence of government approved guidelines and standards for dementia care/support
   - Yes

#### Action Area: Dementia awareness & friendliness

1. Existence of a public awareness-raising campaign for dementia (stigma and risk reduction)
   - Yes
2. Existence of dementia-friendly social and physical environments
   - Yes
3. Existence of dementia education/training for non-health care population groups
   - No

#### Action Area: Dementia risk reduction

1. Dementia risk reduction specifically mentioned in policies (either dementia-specific or NCD)
   - Yes
2. Available guidance for health and social care staff to manage dementia risk
   - No
3. Voluntary targets outlined in the NCD action plan **have been reached**
   - No

#### Action Area: Dementia diagnosis, treatment, care and support

1. Diagnostic rate for dementia *
   - 6%
2. Availability of community-based services for dementia
   - Yes
3. Overall access to community-based services
   - Capital and main cities only
4. Available mechanisms for dementia care coordination across sectors
   - Yes
5. Basic dementia competencies included in curricula for health/social workforce
   - Most

#### Action Area: Support for carers of people with dementia

1. Existence of dementia carer support services *
   - Yes
2. Available guidance for health/social care staff to identify and reduce carer stress
   - No
3. Existence of financial benefits/social protection for dementia carers
   - No

#### Action Area: Health information systems for dementia

1. Number of people with dementia is routinely monitored
   - No
2. Availability and scope of dementia reporting
   - Data not available

#### Action Area: Dementia research and innovation

1. Existence of stand-alone or integrated research agenda for dementia
   - Yes
2. Government research investment per year (in local currency)
   - Data not available
3. Dementia research output (measured in publications in Medline) in 2016 *
   - 0
4. Involvement of people with dementia in the research process
   - Sometimes
5. Availability of investigational pharmacological trials for dementia
   - No

* Indicator used to measure country's contribution towards reaching global targets of the Global Action Plan on the Public Health Response to Dementia 2017-2025.