**VIET NAM**

**RISK OF PREMATURE DEATH DUE TO NCDs (%)**

![Graph showing risk of premature death due to NCDs]

**PROPORTIONAL MORTALITY**

- **31%** Cardiovascular diseases
- **18%** Other NCDs
- **19%** Cancers
- **11%** Communicable, maternal, perinatal and nutritional conditions
- **6%** Chronic respiratory diseases
- **11%** Injuries
- **4%** Diabetes

**SELECTED ADULT RISK FACTOR TRENDS**

- **Harmful use of alcohol**
- **Physical inactivity**
- **Salt/Sodium intake**
- **Tobacco use**
- **Raised blood pressure**
- **Diabetes**
- **Obesity**
- **Ambient air pollution**
- **Household air pollution**

**MORTALITY**

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs</td>
<td>2016</td>
<td>225 300</td>
<td>198 600</td>
<td>424 000</td>
</tr>
<tr>
<td>Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>23</td>
<td>11</td>
<td>17</td>
</tr>
<tr>
<td>Suicide mortality</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>7</td>
</tr>
</tbody>
</table>

**RISK FACTORS**

- **Current tobacco smoking**
- **Obesity**
- **Raised blood pressure**
- **Diabetes**
- **Salt/Sodium intake**
- **Ambient air pollution**
- **Physical inactivity**

**CURRENT TOBACCO SMOKING**

![Graph showing current tobacco smoking]

**OBESITY**

![Graph showing obesity]

**RAISED BLOOD PRESSURE**

![Graph showing raised blood pressure]

**NATIONAL SYSTEMS RESPONSE**

- **Drug therapy to prevent heart attacks and strokes**
- **Essential NCD medicines and basic technologies to treat major NCDs**

<table>
<thead>
<tr>
<th><strong>DATA YEAR</strong></th>
<th><strong>MALES</strong></th>
<th><strong>FEMALES</strong></th>
<th><strong>TOTAL</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>13</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2015</td>
<td>29</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2017</td>
<td>Less than 25%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2017</td>
<td>No</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)*