ALBANIA

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

MORTALITY*

- Premature mortality from NCDs
  - Total NCD deaths 2016: 13,300
  - Risk of premature death between 30-70 years (%) 2016: 21

- Suicide mortality
  - Suicide mortality rate (per 100,000 population) 2016: -

RISK FACTORS

- Harmful use of alcohol
  - Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) 2016: 13

- Physical inactivity
  - Physical inactivity, adults aged 18+ (%) 2016: -

- Salt/Sodium intake
  - Mean population salt intake, adults aged 20+ (g/day) 2010: 10

- Tobacco use
  - Current tobacco smoking, adults aged 15+ (%) 2016: 51

- Raised blood pressure
  - Raised blood pressure, adults aged 18+ (%) 2015: 35

- Diabetes
  - Obesity, adults aged 18+ (%) 2016: 22

- Obesity
  - Obesity, adolescents aged 10-19 (%) 2016: -

- Ambient air pollution
  - Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion) 2016: -

- Household air pollution
  - Population with primary reliance on polluting fuels and technologies (%) 2016: -

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

- % of the population


- Past trends
- Projected linear trends
- Global targets

- Males
- Females

OBEITY

- % of the population


- Past trends
- Projected linear trends
- Global targets

- Males
- Females

RAISED BLOOD PRESSURE

- % of the population


- Past trends
- Projected linear trends
- Global targets

- Males
- Females

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes

- Proportion of population at high risk for CVD or with existing CVD (%)

- Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)

- Proportion of primary health care centres reported as offering CVD risk stratification

- Reported having CVD guidelines that are utilized in at least 50% of health facilities

- Essential NCD medicines and basic technologies to treat major NCDs

- Number of essential NCD medicines reported as "generally available"

- Number of essential NCD technologies reported as "generally available"

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)