## MEXICO

### Risk of Premature Death due to NCDS (%)

The image shows a graph plotting the percentage risk of premature death due to non-communicable diseases (NCDs) from 2000 to 2025 for males and females. The graph includes past trends, projected linear trends, and global targets.

### Proportional Mortality

- **24%** Cardiovascular diseases
- **22%** Other NCDs
- **12%** Cancers
- **10%** Communicable, maternal, perinatal and nutritional conditions
- **6%** Chronic respiratory diseases
- **10%** Injuries
- **15%** Diabetes

### Mortality

#### Premature mortality from NCDs

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total NCD deaths</td>
<td>2016</td>
<td>272,700</td>
<td>249,000</td>
<td>521,800</td>
</tr>
<tr>
<td>Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>17</td>
<td>14</td>
<td>16</td>
</tr>
</tbody>
</table>

#### Suicide mortality

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suicide mortality rate (per 100,000 population)</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>5</td>
</tr>
</tbody>
</table>

### Risk Factors

- **Harmful use of alcohol**: Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) | 2016 | 11 | 2 | 7 |
- **Physical inactivity**: Physical inactivity, adults aged 18+ (%) | 2016 | 25 | 32 | 28 |
- **Salt/Sodium intake**: Mean population salt intake, adults aged 20+ (g/day) | 2010 | 7 | 7 | 7 |
- **Tobacco use**: Current tobacco smoking, adults aged 15+ (%) | 2016 | 22 | 7 | 14 |
- **Raised blood pressure**: Raised blood pressure, adults aged 18+ (%) | 2015 | 21 | 17 | 19 |
- **Diabetes**: Raised blood glucose, adults aged 18+ (%) | 2014 | 10 | 11 | 10 |
- **Obesity**: Obesity, adults aged 18+ (%) | 2016 | 24 | 33 | 28 |
- **Obesity, adolescents aged 10-19 (%)** | 2016 | 15 | 12 | 14 |
- **Ambient air pollution**: Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion) | 2016 | - | - | 2 |
- **Household air pollution**: Population with primary reliance on polluting fuels and technologies (%) | 2016 | - | - | 15 |

### Selected Adult Risk Factor Trends

- **Current Tobacco Smoking**: The percentage of the population that smokes has decreased from 2000 to 2025.
- **Obesity**: The percentage of the population that is obese has increased from 2000 to 2025.
- **Raised Blood Pressure**: The percentage of the population with raised blood pressure has increased from 2000 to 2025.

### National Systems Response

- **Drug therapy to prevent heart attacks and strokes**: Yes.
- **Essential NCD medicines and basic technologies to treat major NCDs**: Yes.

#### Other Data

- **2016 Total Population**: 127,500,000
- **2016 Total Deaths**: 653,000

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