**RISK OF PREMATURE DEATH DUE TO NCDS (%)**

**SELECTED ADULT RISK FACTOR TRENDS**

**PROPORTIONAL MORTALITY**

- 16% Cardiovascular diseases
- 12% Other NCDs
- 5% Cancers
- 52% Communicable, maternal, perinatal and nutritional conditions
- 3% Chronic respiratory diseases
- 11% Injuries
- 2% Injuries

**MORTALITY**

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs</td>
<td>2016</td>
<td>11 700</td>
<td>12 600</td>
<td>24 300</td>
</tr>
<tr>
<td>Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>24</td>
<td>23</td>
<td>24</td>
</tr>
<tr>
<td>Suicide mortality</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>10</td>
</tr>
</tbody>
</table>

**RISK FACTORS**

- Harmful use of alcohol
- Physical inactivity
- Salt/Sodium intake
- Tobacco use
- Raised blood pressure
- Diabetes
- Obesity
- Ambient air pollution
- Household air pollution

**CURRENT TOBACCO SMOKING**

**OBESITY**

**RAISED BLOOD PRESSURE**

**NATIONAL SYSTEMS RESPONSE**

- Drug therapy to prevent heart attacks and strokes
- Essential NCD medicines and basic technologies to treat major NCDs

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)