预防慢性病
一项至关重要的投资
Did you know??

35 000 000 people died from chronic diseases in 2005

60% of all deaths are due to chronic diseases
Deaths by cause, all ages, China, 2005

- Cardiovascular disease: 33%
- Cancer: 20%
- Chronic respiratory disease: 17%
- Injuries: 11%
- Communicable, maternal and perinatal, nutritional deficiencies: 10%
- Other chronic diseases: 8%
- Diabetes: 1%

Preventing CHRONIC DISEASES - a vital investment
Over the next 10 years in China...

- > 80 million chronic disease deaths
- Deaths from infectious diseases, maternal and perinatal conditions, and nutritional deficiencies: ↑2%
- Deaths from chronic diseases: ↑19%
face to face
WITH CHRONIC DISEASE: CANCER

Name: K. Sridhar Reddy
Age: 52
Country: India
Diagnosis: Cancer

World Health Organization

Preventing CHRONIC DISEASES
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Causes of chronic diseases

UNDERLYING SOCIOECONOMIC, CULTURAL, POLITICAL AND ENVIRONMENTAL DETERMINANTS
- Globalization
- Urbanization
- Population ageing

COMMON MODIFIABLE RISK FACTORS
- Unhealthy diet
- Physical inactivity
- Tobacco use

NON-MODIFIABLE RISK FACTORS
- Age
- Heredity

INTERMEDIATE RISK FACTORS
- Raised blood pressure
- Raised blood glucose
- Abnormal blood lipids
- Overweight/obesity

MAIN CHRONIC DISEASES
- Heart disease
- Stroke
- Cancer
- Chronic respiratory diseases
- Diabetes

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World Health Organization
Risks are increasing

Projected prevalence of overweight (BMI*≥25 kg/m²),
women aged 30 and above, 2005

Projected prevalence of overweight (BMI*≥25 kg/m²),
women aged 30 and above, 2015

* Body mass index

World Health Organization

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The economic impact: billions

Projected foregone national income due to heart disease, stroke and diabetes in selected countries, 2005–2015

World Health Organization

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THE COST OF INACTION
IS CLEAR AND UNACCEPTABLE

Preventing
CHRONIC DISEASES
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