EXECUTIVE SUMMARY

Tracking Progress for Breastfeeding Policies and Programmes

GLOBAL BREASTFEEDING SCORECARD, 2017

Breastfeeding is one of the most effective investments a country can make to ensure a smarter, healthier population. It protects children from a myriad of illnesses, increases IQ, and promotes a strong bond between mother and infant. It is a powerful practice, and one that has huge implications for a country’s future prosperity.

This scorecard analyzes indicators that influence breastfeeding (see following page). Worldwide, performance on recommended policies and programmes for breastfeeding is poor. No country is highly compliant on all indicators, illustrating that substantial progress on all fronts is needed.

WHO and UNICEF have established recommendations for breastfeeding practices. Although every mother decides how to feed her child, this decision is strongly influenced by economic, environmental, social, and political factors. Unfortunately, countries are not adequately protecting, promoting, or supporting breastfeeding through funding or policies. As a result, most children in the world do not meet these breastfeeding recommendations.

In recognition of this, the Global Breastfeeding Collective (Collective), a partnership led by UNICEF and WHO, has set targets for all of the indicators listed below, as well as four critical breastfeeding practices, to be met by 2030. The Global Breastfeeding Scorecard stands as an urgent call to action for policy makers worldwide. Hundreds of thousands of lives could be saved each year and numerous health conditions prevented if countries committed to changing their policies and providing greater funding to support breastfeeding. In addition, societies could ensure a healthier, smarter workforce by investing in this one simple practice.

BREASTFEEDING SHOULD BE:

Initiated within ONE HOUR of birth
Continued exclusively for SIX MONTHS
Continued with complementary foods to TWO YEARS of age or beyond

COUNTRIES LOSE MORE THAN $300 BILLION ANNUALLY BECAUSE OF LOW RATES OF BREASTFEEDING. THAT IS 0.49 PERCENT OF GNI.

Global Breastfeeding Collective
unicef | World Health Organization
Global Breastfeeding Collective

Call to Action Priorities:

1. FUNDING: Increase investment in programmes and policies that promote, protect and support breastfeeding

2. THE INTERNATIONAL CODE OF MARKETING OF BREASTMILK SUBSTITUTES: Fully implement the Code with legislation and effective enforcement

3. MATERNITY PROTECTION IN THE WORKPLACE: Enact paid family leave and workplace breastfeeding policies

4. BABY-FRIENDLY HOSPITAL INITIATIVE: Implement the Ten Steps to Successful Breastfeeding in maternity facilities

5. BREASTFEEDING COUNSELING AND TRAINING: Improve access to skilled breastfeeding counselling in healthcare facilities

6. COMMUNITY SUPPORT PROGRAMMES: Encourage networks that protect, promote, and support breastfeeding

7. MONITORING SYSTEMS: Track progress on policies, programmes, and funding

CURRENT RATES AND TARGETS OF BREASTFEEDING PRACTICES:

- % of babies breastfed within an hour of birth
- % of babies under 6 months old exclusively breastfed
- % of children still breastfed at 1 year of age
- % of children still breastfed at 2 year of age

CURRENT RATES AND TARGETS OF INDICATORS:

1. Donors contribute at least $5 per newborn to support
   - CURRENT PERCENTAGE: 6%
   - 2030 TARGET: 21%

2. Fully implements the Code of Marketing of Breast-milk
   - CURRENT PERCENTAGE: 21%
   - 2030 TARGET: 12%

3. Provides recommended maternity leave
   - CURRENT PERCENTAGE: 14%
   - 2030 TARGET: 14%

4. Over half of births are in Baby-friendly facilities
   - CURRENT PERCENTAGE: 61%
   - 2030 TARGET: 50%

5. Most primary healthcare facilities provide IYCF
   - CURRENT PERCENTAGE: 50%
   - 2030 TARGET: 40%

6. Most districts have community IYCF Programmes
   - CURRENT PERCENTAGE: 48%
   - 2030 TARGET: 48%

7a. Breastfeeding programme assessed in the last 5 years
   - CURRENT PERCENTAGE: 0%
   - 2030 TARGET: 0%

7b. Breastfeeding data collected in the last 5 years
   - CURRENT PERCENTAGE: 20%
   - 2030 TARGET: 20%

For more information and to join the collective:

www.unicef.org/breastfeeding
email: breastfeeding@unicef.org
www.unicef.org
www.who.int/en