Preliminary Maternal Newborn and Child Health Interventions
As identified by Participants of the
Malawi Scaling up MNCH Interventions Meeting
April 2007, Mangochi, Malawi

Maternal Health Interventions
1. Focus antenatal care: Activities include creation of awareness among women, men and community leaders on importance of birth preparedness, training providers in counselling including PMTCT, developing and disseminating IEC materials.
2. Family planning focusing on young people: Activities include provision of YFHS, training of providers, training of peer educators and CBDOs and IEC.
3. Skilled delivery care: Activities include advocating for the implementation of the human resources plan, procuring drugs, equipment and supplies, training and refreshing health workers in life saving skills, developing systems to ensure 24 hour coverage of maternity services, sensitizing communities on the importance of skilled attendance and the need for pregnant mothers to report early for delivery.
4. Emergency Obstetric care services: Activities identified include reviewing and revising the Essential Drug List and equipment for BEemOC, training nurse technicians in emergency obstetric care, Reviewing and revising pre-service curriculum, procuring communication equipment, renovating health facilities, procuring motor cycle ambulances, strengthening maternal death review at both health facility and community level
5. Post natal care: Activities include sensitizing women on the importance of post natal care, orienting health workers on provision of post natal care, integrating post natal care in EPI services, providing prophylaxis to HIV+ women.

Neonatal Health Interventions
1. Prompt identification and management of neonatal sepsis: Activities include quality improvement of paediatric care at health facility, procurement and distribution of antibiotics and related supplies, up date and print IMCI manual and guidelines for HSAs, train HSAs, pilot recognition of danger signs and administration of IM antibiotics by HSAs.
2. Special care of pre-term and low birth weight babies: Proposed activities are training HSAs to identify LBW babies, procuring equipment such as sorter scales and thermometers. Training health workers in the management of LBW babies, training in kangaroo mother care (KMC) and initiating KMC in 80% of hospitals.
3. Resuscitation of asphyxiated babies: Activities are training of health workers, procurement and distribution of equipment and supplies.
4. Early initiation of exclusive breast feeding: The activities are supporting the scaling up of BFHI, training in BF and HIV and infant feeding and establishment of support groups.
5. Post Nal care activities are: Developing training package for HSAs, training HSAs, piloting home visits by HSAs, issuing circulars on post natal care

Child Health Interventions
1. Oral rehydration therapy: Main activities are procurement of supplies, establishment of more village clinics, recruitment, training and procuring drugs and kits for HSAs, training health workers in management of rehydration.
2. Breastfeeding: Train extension workers, increase BFHI, and establish support groups, IEC on breast feeding.
3. ITN use: Activities include BCC, quantify requirements, procure and distribute nets, conduct re-treatment campaigns annually.
4. Malaria treatment activities are: sensitize communities on the new malaria drugs, quantify and procure drug, train health workers in management of severe malaria
5. Treatment of pneumonia with antibiotics activities are: train health workers in IMCI, recruit and train HSAs, quantify and procure co-trimoxazole, monitor supply chain, train health workers in standard case management.
6. Immunizations. Strengthen IEC, improve cold chain, recruit and train more HSAs.