Rehab Workforce Development in Tajikistan
Health conditions in need of Rehabilitation

- Polio;
- Congenital disabilities;
- Multiple impairments;
- Cerebral palsy;
- Mental illness;
- Neurological disorders;
- Non-communicable diseases such as cancer, diabetes, cardiovascular diseases;
- Injuries caused by road-traffic accidents.
Rehabilitation in Health care

• The National Health Strategy (2010–2020) is the main policy governing the health-care sector. Although it recognizes that rehabilitation of chronically ill patients and disabled people is an important factor in reducing the burden of disease, the strategy does not focus specifically on persons with disabilities or their rehabilitation.

• Training and education of doctors and nurses has limited information on disability
Human resource on Rehabilitation

• Human resource – There are no training programs in the fields of physiotherapy, occupational therapy, prosthetics and orthotics, speech therapy, physical medicine etc. Some of these important professions are not yet part of the All-Republican Classifier of Occupations.

• Rehabilitation services for sensory, intellectual and mental health conditions receive much less attention.

• Rehabilitation for people with noncommunicable diseases remain limited or unavailable.
Policy Change

National Program on Rehabilitation in Tajikistan (2017 – 2020)
Interventions

- Sensitizing policy makers
- Capacity building of existing staff working in health and rehabilitation facilities
- Development of new rehabilitation professionals
- Education and curriculum in the country
- Recognition of rehabilitation professionals
- Update educational curriculum of doctors and nurses.
Further policy influence

- High-level Disability Forum, October 2019
- New National Health Strategy (2021-2030)
- Positioning rehabilitation services and human resource essential for UHC
More information is available at

Thank You

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