Rehabilitation in Health Systems: Guide for Action
Lessons learnt in Myanmar during utilization of the guide

Prof. Khin Myo Hla
Professor/ Head Department of Physical Medicine & Rehabilitation
Yangon General Hospital
University of Medicine-I
President
Myanmar Society of Rehabilitation Medicine
Key Challenges

• Collating all the data needed – a lot of time required
• Ensuring MOHS fully engaged and understanding process
• Time and resources to convene meetings for working groups – like a full-time job
• Trying to get the right people in the room for consultation meetings – everyone so busy
• Managing relationships between stakeholders
• Attaining funds to implement actions within the strategic plan
• Setting up the data sources for the rehabilitation monitoring framework
• Undertaking the level of detailed planning needed for expansion of facilities
Tips for utilization of RGA

- Lots of advocacy to policy makers
- Engagement and education of other medical professionals, make them also advocates of rehabilitation
- Creating a team – core group for quick decision making and expanded consultative group
- Extensive consultation and workshops with stakeholders to build capacity and ownership of strategic plan
- Create a vision for the future of rehabilitation
- Expand the rehabilitation network and build relationships between stakeholders
- Build specific working groups, one for each objective of the strategic plan to widen responsibility for implementation
- Work with Development Partners to get funding for implementation of actions within strategic plan
Thank You