REHABILITATION IN HEALTH SYSTEMS: GUIDE FOR ACTION

Phase 1. STARS
ASSESS THE SITUATION
- Follow the four steps of the Systematic Assessment of Rehabilitation Situation (STARS) to undertake a comprehensive situation assessment
- Use the Template for Rehabilitation Information Collection (TRIC) within STARS to direct collection of data and information
- Use the Rehabilitation Maturity Model (RMM) within STARS to structure the assessment and its findings
- Produce a high-quality situation assessment report

Phase 2. GRASP
DEVELOP A REHABILITATION STRATEGIC PLAN
- Follow the four steps of the Guidance for Rehabilitation Strategic Planning (GRASP) to undertake a strategic planning process
- Produce a high-quality strategic plan

Phase 3. FRAME
ESTABLISH MONITORING, EVALUATION, AND REVIEW PROCESSES
- Follow the two steps of the Framework for Rehabilitation Monitoring and Evaluation (FRAME) to establish a monitoring framework for the strategic plan and an evaluation and review process
- Use the Rehabilitation Indicator Menu (RIM) to guide selection of indicators, then identify baselines and targets

Phase 4. ACTOR
IMPLEMENT THE STRATEGIC PLAN
- Follow the two steps of the Action on Rehabilitation (ACTOR) guidance to establish the recurring implementation cycle
- Build capacity of rehabilitation governance and leadership to improve implementation of the rehabilitation strategic plan over time