CONTRACEPTIVE METHOD MIX ASSESSMENT
Monitoring the mix of contraceptive methods used in clinics

HOW TO USE THIS TOOL

1. Use the flow diagram to assist clinics in identifying gaps in contraceptive use and providing timely interventions.
2. Ask providers to complete the Contraceptive Method Mix Assessment Log on the next page. Assessments can be performed on all clients seeking or on individual groups.
3. If necessary, modify this tool to best suit the needs of the clinic and clients. If the assessment is done frequently or with multiple groups, a routine monitoring system may be established.

This tool supports the WHO’s recommendation that everyone should be able to make informed decisions around the use of modern contraception (including emergency, short-acting, long-acting and permanent methods) without discrimination or undue restrictions.

STEP 1: Identify relevant client group to be assessed

All clients should be included in initial assessments; target client groups of interest to the clinic could be selected for subsequent assessments.

STEP 2: Identify the mix of family planning methods

Use the assessment log to review method usage and identify potential gaps.

STEP 3: Is method mix skewed?

Explore potential causes. Determine if all methods are available; if there are any supply issues; and if there are outside interventions that may be influencing these factors.

STEP 4: Explore provider or clinic barriers

Consider surveys, individual interviews, group meetings. These discussions must be viewed as quality improvement and not punitive investigations. Deliver targeted, relevant intervention.

STEP 5: (Optional) Explore client level barriers

If feasible or relevant, consider short client surveys or focus groups. Deliver targeted intervention or outreach.

STEP 6: Monitor and reassess

Repeat the assessment after the interventions have been completed to assess progress and downstream effects.

IF YES

IF NO
CONTRACEPTIVE METHOD MIX ASSESSMENT LOG

HOW TO USE THIS TOOL

1. Consider clients assessed in a short time period (e.g. 1 week or month).
2. Tally the number of clients receiving the method in the spaces below.

This could be a prospective log with tallies for each contraceptive method or a retrospective review if patient charts are available. There is no “correct” proportion of clients who should be using a specific method, but extremes may identify potential gaps (e.g. is one method being used by most/all clients; is one method rarely/never used by clients?).

TIME FRAME OF ASSESSMENT: ______________________

CLIENT GROUP BEING ASSESSED: ______________________

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<thead>
<tr>
<th></th>
<th>Combined oral contraceptives</th>
<th>Progestogen-only pills</th>
<th>DMPA or NET-EN injection</th>
<th>Implant</th>
<th>Levonorgestrel-releasing intrauterine device</th>
<th>Copper-bearing intrauterine device</th>
<th>Condoms</th>
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