Post-voucher intervention follow-up: Exploring continuation of modern contraceptive method use, switching and change in fertility behaviour among the voucher users

**Current Project Brief**

**Objectives and Background**

The research project intends to assess the longer term impact (post-intervention) of voucher programs among married women of reproductive age who had received contraceptive services through vouchers.

The research studied the pattern of current modern contraceptive method use among clients who were provided with vouchers for family planning services during the intervention phase from 2012 to 2015 for contraceptive uptake in project intervention areas in Punjab, Pakistan.

We conducted a cross sectional follow up survey among past voucher clients to ascertain patterns of current modern contraceptive usage and fertility behaviours among voucher clients 24 months after the end of intervention. The purpose was to assess behaviour change among FP practices of voucher clients outside the parameters of a ‘project framework’ that ended 24 months back. It is critical to determine the client behaviours in the absence of voucher intervention and programmatic impetus - do the clients continue the use of modern methods, discontinue or switch the use of FP products or services. We also wanted to understand the enablers and bottlenecks in FP continuation outside the parameters of the FP intervention project.

The findings of this study will help fill the knowledge gap in the context of sustainability after the intervention when the donor goes back. It will provide information to policy makers to anticipate and plan services to support and sustain the positive health behaviour in the population.

**Geographic location**

Asia (Pakistan)

**Main deliverables**

Manuscript describing the research protocol has already been submitted for publication. The survey data has been collected and analysed. A series of dissemination meetings were held with donors and also with Ministry of Health in Pakistan. Final report and a key publications are under preparation.

**Partners**


**Sources of funding**

The David and Lucile Packard Foundation

**Date Issued**

January 2018