**Lithuania**

**Total population (2016): 2,850,030 ➤ Population aged 15 years and older (15+): 85% ➤ Population in urban areas: 67% ➤ Income group (World Bank): High income**

### Alcohol Consumption: Levels and Patterns

**Recorded alcohol per capita (15+) consumption, 1961–2016**

![Graph showing recorded alcohol per capita consumption from 1961 to 2016](image)

- **Alcohol per capita (15+) consumption (in litres of pure alcohol)**: 2010* 13.6, 2016* 13.8
- **Unrecorded**: 2010* 1.5, 2016* 1.2
- **Total**: 2010* 15.1, 2016* 15.0
- **Total males / females**: 2010* 24.9, 2016* 7.1
- **WHO European Region**: 2010* 11.2, 2016* 9.8


**Prevalence of heavy episodic drinking (%)**, 2016

<table>
<thead>
<tr>
<th>Population (15+ years)</th>
<th>Drinkers only (15+ years)</th>
<th>Population (15–19 years)</th>
<th>Drinkers only (15–19 years)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Males</td>
<td>70.8</td>
<td>79.5</td>
<td>71.1</td>
</tr>
<tr>
<td>Females</td>
<td>31.6</td>
<td>44.6</td>
<td>34.3</td>
</tr>
<tr>
<td>Both sexes</td>
<td>49.3</td>
<td>62.3</td>
<td>53.2</td>
</tr>
</tbody>
</table>

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

**Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016**

- **Males (15+)**: 27.9
- **Females (15+)**: 9.7
- **Both sexes (15+)**: 18.9

**Abstainers (%), 2016**

<table>
<thead>
<tr>
<th>Lifetime abstainers (15+)</th>
<th>Former drinkers* (15+)</th>
<th>Abstainers (15+), past 12 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Males</td>
<td>3.6</td>
<td>7.3</td>
</tr>
<tr>
<td>Females</td>
<td>11.8</td>
<td>17.3</td>
</tr>
<tr>
<td>Both sexes</td>
<td>8.1</td>
<td>12.8</td>
</tr>
</tbody>
</table>

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

**Prevalence of alcohol use disorders and alcohol dependence (%), 2016**

<table>
<thead>
<tr>
<th>Alcohol use disorders**</th>
<th>Alcohol dependence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Males</td>
<td>19.9</td>
</tr>
<tr>
<td>Females</td>
<td>3.6</td>
</tr>
<tr>
<td>Both sexes</td>
<td>11.0</td>
</tr>
<tr>
<td>WHO European Region</td>
<td>8.8</td>
</tr>
</tbody>
</table>

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

**Health Consequences: Mortality and Morbidity**

**Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016**

| Liver cirrhosis, males / females | 39.3 | 15.9 | 53.6 | 67.6 | 455 |
| Road traffic injuries, males / females | 15.2 | 3.4 | 54.0 | 52.7 | 126 |
| Cancer, males / females | 282.9 | 134.2 | 9.7 | 4.4 | 603 |

*Per 100,000 population (15+); **alcohol-attributable deaths, both sexes.

**Years of life lost (YLL) score**, 2016

**Policies and Interventions**

**Written national policy (adopted/revised) / National action plan**

- Yes (1998/2014) / Yes

**Excise tax on beer / wine / spirits**

- Yes / Yes / Yes

**National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)**

- 18 / 18 / 18

**National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)**

- 18 / 18 / 18

**Restrictions for on-off-premise sales of alcoholic beverages (any): Hours, days / places, density**

- Specific events / intoxicated persons / petrol stations

- Yes, No / Yes, No / Yes

**National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %**

- 0.04 / 0.00 / 0.00

**Legally binding regulations on alcohol advertising / product placement (any)**

- Yes / Yes

**Legally binding regulations on alcohol sponsorship / sales promotion (any)**

- Yes / Yes

**Legally required health warning labels on alcohol advertisements / containers (any)**

- Yes / No

**National government support for community action (any)**

- Yes

**National monitoring system(s) (any)**

- Yes

© World Health Organization, 2018