Poland

Total population (2016): 38,593,161 ➤ Population aged 15 years and older (15+): 85% ➤ Population in urban areas: 60% ➤ Income group (World Bank): High income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016

<table>
<thead>
<tr>
<th>Year</th>
<th>Recorded</th>
<th>Unrecorded</th>
<th>Total</th>
<th>Total males / females</th>
<th>WHO European Region</th>
</tr>
</thead>
<tbody>
<tr>
<td>1960</td>
<td></td>
<td></td>
<td>0.04</td>
<td>4.5</td>
<td>3.5</td>
</tr>
<tr>
<td>1970</td>
<td></td>
<td></td>
<td>0.3</td>
<td>4.6</td>
<td>3.8</td>
</tr>
<tr>
<td>1980</td>
<td></td>
<td></td>
<td>0.5</td>
<td>4.7</td>
<td>3.9</td>
</tr>
<tr>
<td>1990</td>
<td></td>
<td></td>
<td>0.8</td>
<td>4.9</td>
<td>4.1</td>
</tr>
<tr>
<td>2000</td>
<td></td>
<td></td>
<td>1.0</td>
<td>5.0</td>
<td>5.0</td>
</tr>
<tr>
<td>2010</td>
<td></td>
<td></td>
<td>1.2</td>
<td>5.2</td>
<td>5.0</td>
</tr>
</tbody>
</table>

Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available

- Beer
- Wine
- Spirits
- Other
- All

Prevalence of alcohol use disorders and alcohol dependence (%), 2016

<table>
<thead>
<tr>
<th></th>
<th>Alcohol use disorders**</th>
<th>Alcohol dependence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Males</td>
<td>22.7</td>
<td>4.1</td>
</tr>
<tr>
<td>Females</td>
<td>3.7</td>
<td>0.4</td>
</tr>
<tr>
<td>Both sexes</td>
<td>12.8</td>
<td>2.2</td>
</tr>
<tr>
<td>WHO European Region</td>
<td>8.8</td>
<td>3.7</td>
</tr>
</tbody>
</table>

* 12-month prevalence estimates (15+). ** Including alcohol dependence and harmful use of alcohol.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

<table>
<thead>
<tr>
<th></th>
<th>ASDR*</th>
<th>AAF (%)</th>
<th>AAD** (Number)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liver cirrhosis, males / females</td>
<td>24.1</td>
<td>8.3</td>
<td>62.0</td>
</tr>
<tr>
<td>Road traffic injuries, males / females</td>
<td>16.4</td>
<td>4.1</td>
<td>48.0</td>
</tr>
<tr>
<td>Cancer, males / females</td>
<td>278.8</td>
<td>156.4</td>
<td>8.2</td>
</tr>
</tbody>
</table>

* Per 100,000 population (15+). ** Alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

<table>
<thead>
<tr>
<th></th>
<th>Least</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>Most</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>&lt; 1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>&gt; 100</td>
<td></td>
</tr>
</tbody>
</table>

* Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

- Written national policy (adopted/revised) / National action plan: Yes (1996/2016) / No
- Excise tax on beer / wine / spirits: Yes / Yes / Yes
- National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits): 18 / 18 / 18
- National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits): 18 / 18 / 18
- Restrictions for on-/off-premise sales of alcoholic beverages (any): Hours, days, places, density: No, No / Yes / No Specific events / intoxicated persons / petrol stations: Yes / Yes / No
- National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %: 0.02 / 0.02 / 0.02
- Legally binding regulations on alcohol advertising / product placement (any): Yes / No
- Legally binding regulations on alcohol sponsorship / sales promotion (any): Yes / Yes
- Legally required health warning labels on alcohol advertisements / containers (any): Yes / No
- National government support for community action (any): Yes
- National monitoring system(s) (any): No

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