Turkmenistan


ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016

<table>
<thead>
<tr>
<th>Year</th>
<th>Recorded</th>
<th>Unrecorded</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>1960</td>
<td>3.2</td>
<td>2.8</td>
<td>6.0</td>
</tr>
<tr>
<td>1970</td>
<td>3.4</td>
<td>2.0</td>
<td>5.4</td>
</tr>
<tr>
<td>1980</td>
<td>2.8</td>
<td>1.8</td>
<td>4.6</td>
</tr>
<tr>
<td>1990</td>
<td>3.4</td>
<td>2.0</td>
<td>5.4</td>
</tr>
<tr>
<td>2000</td>
<td>3.2</td>
<td>2.0</td>
<td>5.2</td>
</tr>
<tr>
<td>2010</td>
<td>3.4</td>
<td>2.0</td>
<td>5.4</td>
</tr>
</tbody>
</table>

Alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available

- Beer: 38%
- Wine: 27%
- Spirits: 35%
- Other: <1%

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

- Males (15+): 22.4
- Females (15+): 8.1
- Both sexes (15+): 17.8

WHO European Region

- Total males / females (15+): 10.3 / 1.8
- Total males / females (15–19): 14.1 / 2.5

Prevalence of heavy episodic drinking* (%), 2016

- Males: 26.8
- Females: 55.6
- Both sexes: 41.6


Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

- Males (15+): 22.4
- Females (15+): 8.1
- Both sexes (15+): 17.8

WHO European Region

- Total males / females (15+): 10.3 / 1.8
- Total males / females (15–19): 14.1 / 2.5

Abstainers (%), 2016

- Lifetime abstainers (15+): 26.8
- Former drinkers* (15+): 30.8
- Abstainers (15+), past 12 months: 57.5

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

- Alcohol use disorders: 9.9 / 2.1 / 5.9
- Alcohol dependence: 3.3 / 1.3 / 2.3

WHO European Region

- Alcohol use disorders: 8.8 / 2.3 / 5.1
- Alcohol dependence: 3.7 / 1.3 / 2.4

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

<table>
<thead>
<tr>
<th>Cause</th>
<th>ASDR* (Per 100 000)</th>
<th>AAF (%)</th>
<th>AAD** (Number)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liver cirrhosis, males / females</td>
<td>90.1 / 50.2</td>
<td>69.0</td>
<td>1 262</td>
</tr>
<tr>
<td>Road traffic injuries, males / females</td>
<td>36.6 / 8.8</td>
<td>31.0</td>
<td>291</td>
</tr>
<tr>
<td>Cancer, males / females</td>
<td>172.2 / 116.5</td>
<td>10.5</td>
<td>307</td>
</tr>
</tbody>
</table>

Years of life lost (YLL) score*, 2016

- Males: 9.9 / 5.3
- Females: 2.1 / 1.3
- Both sexes: 5.9 / 3.3

WHO European Region

- Males: 8.8 / 3.7
- Females: 2.3 / 1.3
- Both sexes: 5.5 / 2.3

* Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan

- No / —

Excise tax on beer / wine / spirits

- Yes / Yes / Yes

National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)

- 18 / 18 / 18

National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)

- 18 / 18 / 18

Restrictions for on-off-premise sales of alcoholic beverages (any):

- Hours, days / places, density
- Specific events / intoxicated persons / petrol stations
- No / No / Yes, No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %

- 0.03 / 0.03 / 0.03

Legally binding regulations on alcohol advertising / product placement (any)

- Yes / Yes

Legally binding regulations on alcohol sponsorship / sales promotion (any)

- Yes / Yes

Legally required health warning labels on alcohol advertisements / containers (any)

- Yes / Yes

National government support for community action (any)

- Yes

National monitoring system(s) (any)

- No

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