Injuries and violence: the facts

Every 6 seconds someone dies as a result of an injury

5 million lives are lost each year

Road traffic injuries are the #1 cause of death among people aged 5-29

Suicide is the 2nd leading cause of death among those aged 15-29

Drowning is the 4th leading cause of death among children aged 5-14

Injuries place an enormous cost on national economies and often throw families into poverty

For every death there are many more people affected by non-fatal injuries

Long-term consequences of these injuries include: disability, mental health effects, and high risk behaviours

5,000,000 deaths

- Road traffic injuries: 29%
- Suicide: 16%
- Falls: 14%
- Interpersonal violence: 10%
- Drowning: 7%
- Burns: 3%
- Poisoning: 2%
- Other: 19%

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Most injuries are predictable and preventable

Prevent injuries by:

**Modifying the environment:**
- Providing safe cooking stoves
- Building speed bumps
- Covering wells and fencing open water areas

**Improving and enforcing laws:**
- Enforcing drink-driving laws
- Restricting access to firearms
- Restricting access to alcohol

**Changing behaviour:**
- Parenting programmes
- Social marketing campaigns
- Life-skills programmes

**Ensuring timely care:**
- Ensuring timely access to care
- Training doctors and nurses in emergency care
- Providing support services to victims of violence

World leaders have agreed to act on injuries and violence in the Sustainable Development Goals