INSPIRE: Seven strategies for ending violence against children

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SDG Target 16.2

End abuse, exploitation, trafficking and all forms of violence against children
INSPIRE core agencies
INSPIRE: seven strategies for ending violence against children

• Implementation and enforcement of laws
• Norms and values
• Safe environments
• Parental and caregiver support
• Income and economic strengthening
• Response services
• Education and life skills
INSPIRE vision

Governments, with the strong participation of civil society and communities, routinely implement and monitor evidence-based interventions to prevent and respond to violence against children and help them reach their full potential.
Types of violence against children

- Child maltreatment
- Bullying
- Youth violence
- Intimate partner violence
- Sexual violence
- Emotional or psychological violence and witnessing violence
Prevalence of child maltreatment

- Base case analysis, for physical, sexual and emotional maltreatment, and bullying and fighting experienced in the past year
  - up to one billion children or every second child


- 36% psychological abuse
- 23% physical abuse
- 18% girls sexual abuse
- 8% boys sexual abuse
- 16% neglect

Stoltentborgh et al, multiple papers, various years.
Health consequences of violence against children

- Direct effect
- Indirect effect due to adoption of high-risk behaviour

- Injury
- Head Injury
- Fractures
- Burns
- Internal Injury
- Depression and Anxiety
- PTSD
- Suicide
- Assault
- Fetal Death
- Unintended and Adolescent Pregnancy
- Pregnancy Complications
- Maternal and Child Health
- Stroke
- Heart Disease
- Cancer
- Chronic Lung Disease
- Diabetes
- Alcohol
- Alcohol And Drugs
- Smoking
- Physical Inactivity
- Obesity
- Unsafe Sexual Practices
- Communicable Disease and Risk Behaviors
- STDs
- Multiple Partners
- HIV
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INSPIRE components

- Seven strategies that provide an overarching approach for ending violence against children
  - specific interventions including programmes, practices and policies to implement the strategies
  - evidence supporting these strategies and interventions
  - Links to related SDG targets

- Two crosscutting components
  - Multisectoral actions
  - Monitoring and evaluation

- Implementation considerations
<table>
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<tr>
<th>Strategy</th>
<th>Approach</th>
<th>Sectors</th>
<th>Cross-cutting activities</th>
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</table>
| Implementation and enforcement of laws | • Laws banning violent punishment of children by parents, teachers or other caregivers  
• Laws criminalizing sexual abuse and exploitation of children  
• Laws that prevent alcohol misuse  
• Laws limiting youth access to firearms and other weapons | Justice                       |                               |
| Norms and values                | • Changing adherence to restrictive and harmful gender and social norms  
• Community mobilization programmes  
• Bystander interventions         | Health, Education, Social Welfare       | Multisectoral actions and coordination |
| Safe environments               | • Reducing violence by addressing “hotspots”  
• Interrupting the spread of violence  
• Improving the built environment | Interior, Planning             |                               |
| Parent and caregiver support     | • Delivered through home visits  
• Delivered in groups in community settings  
• Delivered through comprehensive programmes | Social Welfare, Health         |                               |
| Income and economic strengthening | • Cash transfers  
• Group saving and loans combined with gender equity training  
• Microfinance combined with gender norm training | Finance, Labour                |                               |
| Response and support services   | • Counselling and therapeutic approaches  
• Screening combined with interventions  
• Treatment programmes for juvenile offenders in the criminal justice system  
• Foster care interventions involving social welfare services | Health, Justice, Social Welfare |                               |
| Education and life skills       | • Increase enrolment in pre-school, primary and secondary schools  
• Establish a safe and enabling school environment  
• Improve children’s knowledge about sexual abuse and how to protect themselves against it  
• Life and social skills training  
• Adolescent intimate partner violence prevention programmes | Education                     | Monitoring and evaluation      |
Framework for preventing violence against children and associated impairment

INSPIRE evidence: implementation and enforcement of laws

Reduction in homicide rate across 5 South African cities from 2001-2005 following Firearm Control Act

4500 lives saved over 5 years, many of them adolescents

INSPIRE evidence: safe environments

Reduction in violence-related injuries following implementation of Cardiff approach to hotspot intervention

- Hospital admissions: -42%
- Police-recorded woundings: -32%

INSPIRE evidence: parental and caregiver support

Reduction in child maltreatment due to Nurse-Family Partnership programme at 15-year follow up

INSPIRE evidence: parental and caregiver support
INSPIRE evidence: income and economic strengthening

Reduction in intimate partner violence among 430 women receiving the Intervention with Microfinance and Gender Equity (IMAGE) programme

Percentage decrease in intimate partner violence

INSPIRE: response services

Reductions in trauma symptoms and functional impairment across 11 trauma-informed cognitive behavioural therapy trials

INSPIRE evidence: education and life skills

Reductions in aggressive and disruptive behaviour in school settings across 249 life skills and socio-emotional training programmes

Programmes for all students: -25%
Programmes for selected students: -33%

INSPIRE implementation handbook

- Operationalizing a strategy
- Identifying and choosing interventions that fit context
- Planning
- Indicators

Programme implementation manuals, guidelines, technical support, training packages
INSPIRE implementation handbook

- Overview focuses on multi-sectoral coordination, synergies between strategies and between VAC and other issues
- Strategy chapters: finding a good fit and linking to existing resources for implementation
  - What can you/should you do in X context
  - How would you do it?
  - What will it cost?
  - How will you know it’s working?
  - Where can you get more information?
- Humanitarian applications integrated throughout strategies
- Indicators presented at the end of handbook
INSPIRE implementation options

- Integrate INSPIRE interventions into
  - Existing community-based interventions
  - Existing sectoral systems (e.g. education, health, social development etc.)
- Audit existing interventions for their compliance with what the evidence shows to be effective
- Initiate new interventions where none exist
- Monitor intervention uptake and changes in prevalence
What we'd like to show by 2030

Number of countries fully implementing INSPIRE strategies

Legend:
- Parenting
- Eco. strengthening
- Response services
- Laws
- Values change
- Education & life skills
- Safe environments

Prevalence of VAC
INSPIRE next steps

- Promote INSPIRE uptake, implementation and monitoring
  - VACS countries
  - Global Partnership pathfinding countries
  - All other countries
- Periodically report on INSPIRE reach and impact
- Support implementation research into scaling up INSPIRE interventions
- Encourage research on the additive/combinative effects of multiple interventions
- Periodically update INSPIRE to reflect new evidence
Thank you.

For more information: