Ending violence against children: how the INSPIRE technical package can help

Name Speaker 2, Role/Position

Name Speaker 1, Role/Position
Violence against children

Globally up to 1 billion children have experienced physical, sexual or psychological violence in the past year.
Magnitude of violence against children

- Homicide is among the **top five** causes of death in adolescents.

- 80% of homicide victims are boys.

- Beyond these deaths, **tens of millions** more children are affected by violence.

- **1 in 4** children suffer physical abuse.

- Nearly **1 in 5** girls is sexually abused at least once in her life.
Types of violence against children

- Child maltreatment
- Bullying
- Youth violence
- Intimate partner violence
- Sexual violence
- Emotional or psychological violence and witnessing violence
Health consequences of violence against children

MENTAL HEALTH PROBLEMS
- Depression and anxiety
- Post Traumatic Stress Disorder
- Death (including suicide)

MATERNAL AND CHILD HEALTH
- Unintended and adolescent pregnancy
- Premature birth complications
- Unsafe sexual practices

INJURY
- Suicide
- Head injury
- Trauma
- Fractures
- Burns
- Stroke
- Cancer
- Chronic lung disease
- Diabetes

NON-COMMUNICABLE DISEASE
- Alcohol
- Physical inactivity
- Smoking

COMMUNICABLE DISEASE
- HIV
- STIs
- Multiple partners

AND RISK BEHAVIOURS

Direct effect
Indirect effect due to adoption of high-risk behaviour
COLLECTIVE IMPACT
Key areas for achieving collective impact

- Clear logic model
- Technical package
- Monitoring
- Partnerships
- Communication
- Political commitment
Key areas for achieving collective impact

- Clear logic model
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- Political commitment
Clear logic model

Surveillance
What is the Problem?

Identify risk and protective factors
What are the causes?

Develop and evaluate interventions
What works and for whom?

Implementation
Scaling up effective policy and programmes
Key areas for achieving collective impact

- Clear logic model
- Technical package
- Monitoring
- Partnerships
- Communication
- Political commitment
The seven strategies

- Implementation and enforcement of laws
- Norms and values
- Safe environments
- Parent and caregiver support
- Income and economic strengthening
- Response and support services
- Education and life skills
## INSPIRE components

<table>
<thead>
<tr>
<th>STRATEGIES</th>
<th>APPROACH</th>
<th>SECTOR</th>
<th>CROSS-CUTTING ACTIVITIES</th>
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<td>JUSTICE</td>
<td>MULTISECTORAL ACTIONS AND COORDINATION</td>
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<td>HEALTH</td>
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</table>
INSPIRE components

Seven strategies that provide an overarching approach for ending violence against children

- specific interventions
- evidence
- related SDG targets

Two crosscutting components

- Multisectoral actions
- Monitoring and evaluation

Implementation considerations
Evidence based practice

INSPIRE: Evidence-based prevention and response interventions

- Have been scientifically evaluated
- Are found to be effective
- Are based upon the best available research evidence, rather than personal belief or anecdotal evidence

INSPIRE also includes some prudent practices which global treaties or resolutions have determined are critical to reducing violence, and/or are shown by observational or qualitative studies to be effective in reducing violence.
Evidence-based practice principles

1. **Base**
   - Base decisions on best available scientific evidence

2. **Use**
   - Use data to systematically define the problem

3. **Engage**
   - Engage the community in decision making

4. **Conduct**
   - Conduct sound evaluations

5. **Disseminate**
   - Disseminate what is learned
Prevention

Prevention before occurrence

Prevention of recurrence

Prevention of impairment

Physical abuse
Sexual abuse
Psychological abuse
Neglect
Exposure to intimate-partner violence

Long-term outcomes

Universal
Targeted

MacMillan HL, Wathen CN, Barlow J, Fergusson DM, Leventhal JM, Taussig HN. Interventions to prevent child maltreatment and associated impairment. The Lancet 2009 373, 250-266 DOI: (10.1016/S0140-6736(08)61708-0)
Implementation and enforcement of laws

- Laws banning violent punishment of children by parents, teachers or other caregivers
- Laws criminalizing sexual abuse and exploitation of children
- Laws that prevent alcohol misuse
- Laws limiting access to firearms
Implementation and enforcement of laws

Reduction in homicide rate across 5 South African cities from 2001-2005 following Firearm Control Act

4500 lives saved over 5 years, many of them adolescents

Norms and values

- Harmful gender and social norms
- Community mobilization
- Bystander interventions
Norms and values

Reduction in children witnessing intimate partner violence due to SASA! community mobilization programme

Safe environments

- Addressing “hotspots”
- Interrupting the spread of violence
- Improving the built environment
Safe environments

Reduction in violence-related injuries following implementation of Cardiff approach to hotspot intervention

Percentage decrease in violence-related injuries

-32% Police-recorded wounding
-42% Hospital admissions

Parent and caregiver support

- Home visits
- Groups settings
- Comprehensive programmes
Parent and caregiver support

Reduction in child maltreatment due to Nurse-Family Partnership programme at 15-year follow up

Income and economic strengthening

- Cash transfers
- Saving and loans combined with training
- Microfinance combined with training
Income and economic strengthening

Reduction in intimate partner violence among 430 women receiving the Intervention with Microfinance and Gender Equity (IMAGE) programme

Response and support services

- Identification combined with interventions
- Therapeutic approaches
- Treatment programmes for juvenile offenders
- Foster care interventions
Response and support services

Reductions in trauma symptoms and functional impairment across 11 trauma-informed cognitive behavioural therapy trials

Education and life skills

- Increase enrolment
- Safe and enabling school environment
- Knowledge about sexual abuse
- Life and social skills training
- Adolescent violence prevention
Education and life skills

Reductions in aggressive and disruptive behaviour in school settings across 249 life skills and socio-emotional training programmes

Technical package: Handbook

How to do it

INSPIRE Handbook
Action for implementing the seven strategies for ending violence against children
INSPIRE implementation handbook

How to choose and implement interventions suited to your context, including:

- Appropriate populations and settings;
- Core intervention components;
- Costs and cost-effectiveness;
- Human resource and infrastructure requirements;
- Where to get manuals, training programmes and other implementation support, and
- Lessons learned from previous implementation efforts.
INSPIRE implementation handbook

How to choose and implement interventions suited to your context, including:

- Appropriate populations and settings
- Core intervention components
- Costs and cost-effectiveness
- Human resource and infrastructure requirements;
- Where to get manuals, training programmes and other implementation support
- Lessons learned from previous implementation efforts
## Implementation worksheet

<table>
<thead>
<tr>
<th>ACTION</th>
<th>THINGS TO CONSIDER</th>
<th>NOTES</th>
<th>RESOURCES, EXPERTS, PARTNERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assess current environment</td>
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<tr>
<td>Select interventions</td>
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<td>Build partnerships</td>
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<tr>
<td>Determine resource needs and costs</td>
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<tr>
<td>Refine approaches and adapt programmes to local context</td>
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<tr>
<td>Plan for monitoring and evaluation</td>
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Key areas for achieving collective impact

- Clear logic model
- Technical package
- Monitoring
- Partnerships
- Communication
- Political commitment
Technical package: Monitoring

How to measure impact
INSPIRE monitoring

**Impact** indicators track the prevalence of violence against children

**Outcome** indicators track changes in risk and protective factors (e.g. laws, norms, access to guns and alcohol, physical environment)

**Output** indicators track extent to which INSPIRE interventions are reaching their target groups (e.g. proportion of children receiving life skills training)
# INSPIRE indicators

<table>
<thead>
<tr>
<th>INDICATORS</th>
<th>Implementation and enforcement of laws</th>
<th>Norms and values</th>
<th>Safe environments</th>
<th>Parent and caregiver support</th>
<th>Income and economic strengthening</th>
<th>Response and support services</th>
<th>Education and life skills</th>
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<tr>
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<table>
<thead>
<tr>
<th>INDICATORS</th>
<th>Exposure to violence</th>
<th>Monitoring and evaluation</th>
<th>Multi-sectoral actions</th>
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<tr>
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### Example: VACS questions about sexual violence

**Sexual Touch**
Has anyone ever (touched you in a sexual way without your permission, but did not try and force you to have sex)?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Don't Know</th>
<th>N/A</th>
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</thead>
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**Three more questions: Ask if you were ever forced to have sex by someone else.**

#### Attempted Forcible Sex

<table>
<thead>
<tr>
<th>Attempted</th>
<th>Yes</th>
<th>No</th>
<th>DK</th>
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<tr>
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#### Physically Forced Sex

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#### Pressured Sex

<table>
<thead>
<tr>
<th>Pressured</th>
<th>Yes</th>
<th>No</th>
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- **Purpose**
- **Data sources**
- **Operational definition**
- **Sample questions**
- **Method of computation**
- **Online data sources**
- **Limitations**
- **Suggested disaggregation**
Key areas for achieving collective impact

- Clear logic model
- Technical package
- Monitoring
- Partnerships
- Communication
- Political commitment
Ending VAC

- NGO's
- Donors
- UN Agencies
- Professional associations
- Academia
- Government ministries
- Partnerships
End Violence Partnership Pathfinding countries
Key areas for achieving collective impact

- Clear logic model
- Technical package
- Monitoring
- Partnerships
- Communication
- Political commitment
Communication for collective action

Violence against children is preventable

We know what to do, how to do it, and how to measure it

We can all help to tell our citizens about INSPIRE

ONE SET OF MESSAGE

MANY MESSENGERS
Key areas for achieving collective impact

- Clear logic model
- Technical package
- Monitoring
- Partnerships
- Communication
- Political commitment
Political commitment

SDG Target 16.2
End abuse, exploitation, trafficking and all forms of violence against and torture of children

WHO GPW Target 14
Decrease the number of children subjected to violence in the past 12 months, including physical and psychological violence by caregivers in the past month, by 20%
INSPIRE Implementation (Ultimate Vision!)

Number of countries fully implementing INSPIRE strategies

- PARENTING
- ECO. STRENGTHENING
- RESPONSE SERVICES
- LAWS
- VALUES CHANGE
- EDUCATION & LIFE SKILLS
- SAFE ENVIRONMENTS
- PREVALENCE OF VAC

2019 — 2030
Thank you!

For more information: